

Name: _____

Date: _____

The Clumsy Penguin (A Movement Story)

Instructions: Read the story aloud. When you come to a **bold** word or phrase, act out the given movement.



Once there was a penguin named Freddy. Freddy was a very clumsy penguin. Everywhere he **waddled**, Freddy caused trouble.

One day, Freddy **waddled** over to the fishing hole. The other penguins **picked up** fish and **tossed** them into their mouths. Freddy **picked up** a fish, but when he **tossed** the fish, it **landed** on his head!

"Freddy, you are such a clumsy penguin," the other penguins said.

Freddy **lowered his head** and **waddled** back home.

The next day, all of the penguins were **swimming** in the swimming hole. Freddy **jumped** into the water to join them. However, he **jumped** so high that he missed the swimming hole and **bumped** his head on the ice.

"Freddy, you are such a clumsy penguin," the other penguins said.

Freddy **put his hands on his head** and **waddled** back home.

The next day, all of the penguins were sitting on the eggs to keep them warm. Freddy **waddled** over to a pile of eggs and **sat down** on it. Then Freddy **jumped up** and yelled, "Ouch!" Freddy hadn't sat on a pile of eggs. He had sat on a pile of sharp rocks.

"Freddy, you are such a clumsy penguin," all the other penguins said.

Freddy **rubbed** his backside and **waddled** home.

The next day, the penguins decided to have a dance party. They **twisted**. They **twirled**. They **bopped** to the music.

Freddy **waddled** over to join the dance party. As he **waddled** he **slid** to the left and **slid** to the right. He **hopped** on one foot as he tried to catch his balance.

"Hey, look at Freddy," one of the penguins called out.

All of the other penguins stopped dancing and watched Freddy.

Freddy **waved** his arms in the air. He **kicked** his legs. Then he slipped and **spun** in a circle. He **stomped his feet**. He **clapped** his wings. He **spun** in a circle. He **jumped** up and down. He **shook** out his feathers and **moved his arms like a robot**.

All of the other penguins were impressed and started to follow along with Freddy's clumsy dance.